

山ノ内町

Covering three areas of Shiga Kogen, Yudanaka and Shibu Onsen Resorts, and Kita-Shiga Kogen, Yamanouchi Town is surrounded with a beautiful natural environment across all four seasons. Designated as a Biosphere Reserve by UNESCO, Shiga Kogen is one of the best winter resort in Japan and has about 70 ponds, marshes and wetlands for hiking in summer season. Gathering 9 hot springs area is well known as treatment spa with historic atmosphere along cultural street. Especially, the snow monkeys in Jigokudani Onsen became popular among expats. At Kita-Shiga Kogen, have a fun not only winter sports but looking 'a sea of clouds' from SORA Terrace at the top of Ryuoo "Ropeway", and taste local noodle "Sugakawa Soba". <http://www.town.yamanouchi.nagano.jp/>



Yamanouchi Town DATA
 Area: 265.90 km²
 Population: 12,623
<http://www.town.yamanouchi.nagano.jp/>

Snow monkey Town



Jigokudani Yaen-koen

The Jigokudani Yaen-koen is popular as snow monkeys, wild Japanese macaque, bating in a hot spring on winter. In spring, you have a chance to see baby monkeys. There's a lot of excitement and fun to be had throughout year in the park.
 6845 Hirao, Yamanouchi-town, Shimotakai-gun
 0269-33-4379
 Access: About 15 minutes by bus from Yudanaka train Station and get off at Kanbayashi Onsen or Kanbayashi. About 30 minutes walk away from the bus stop.
<http://www.jigokudani-yaenkoen.co.jp/>

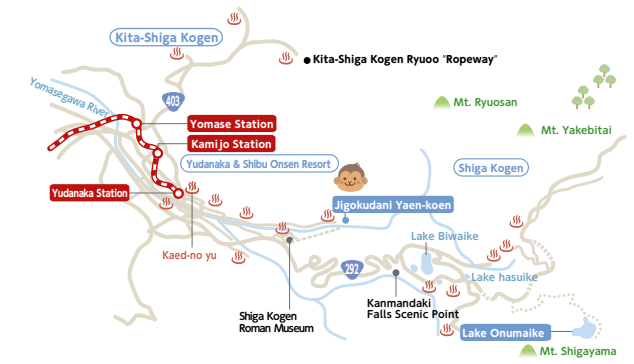
Kita-Shiga Kogen Ryuoo "Ropeway"



The "ropeway" (cable car) brings you up the terrace 1770m high and the amazing panorama alpine views welcome you. With luck, the fantastic sea of clouds might be spread at sunset.
 0269-33-7131
 Access: Take the Sugakawa route of Nagaden Bus from Shinshu-nakano Station. After approximately 20 minutes, get off at the Naema Ryuoo Ski Park bus stop.
 Winter Season: Free shuttle bus from Yudanaka station
<http://www.ryuoo.com/>

Winter Sports

The town has unique skiing resorts, Shiga Kogen and Kita-Shiga Kogen. Both have various courses for everyone from beginners to advanced.



Monkey & ONSEN & I

Nature

Autumn colors

End of September of Shiga Kogen, observe the contrast of the changing leaves against the sky, back dropped by the peaks 2000m high to the main town on November.



Agricultural Products

Here is highly suitable for agriculture spot. Taste the sweet fruits such as apples and grapes which are grown by local farming experts.



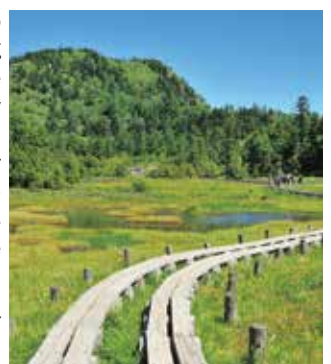
History of Yudanaka Station

Sales start date: April 28, 1927
 Located on the terminus of the Nagano line, it is also the gateway of Yamanouchi Town.

Yudanaka Station

Hiking on Shiga Kogen

Whether you want to do a short walk or long hiking, there is a suitable track for everyone to enjoy huge Shiga Kogen's natural environment. Take your pick and get rich in native forest which is certified as Shiga Highland Biosphere Reserve.
 0269-34-2404
<http://www.shigakogen.gr.jp/info/trekking.html>



Have a nice trip.!

Hi! My name is Ayaka Kuroiwa working at Yudanaka Station Tourist Information Center. Now, Snow Monkey Park is very popular all over the world. If you are lucky, you can watch their bathing. We also have a beautiful nature and the hot springs. Please visit Yamanouchi Town. I hope you'll like it. If you have any questions about Yamanouchi Town, please contact me. Yudanaka Station Tourist Information Center TEL 0269-33-1126



Yudanaka & Shibu Onsen Resort



This rich springs resort has a long history dating back 1300 years, with destinations as a peaceful getaway, to cleanse your body and soul, and to simply relax. Walk and look around traditional Japanese warehouses and inns along a cobbled street.
 Yamanouchi Town Tourism Association
 0269-33-2138
<http://www.info-yamanouchi.net>

Yomase Station

Kamijo Station